

EFFECTS OF WORK STRESS OF TEACHERS IN ENGINEERING EDUCATION

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ABSTRACT

The effects of stress in other than the personal sense are difficult to estimate. Work stress in the industry may be estimated in monetary terms in the amount of lost production but in teaching the loss is defined in terms of the departure of skilled teachers, impairment of teaching skills, or even premature death. In the field of engineering education, there is a need to investigate the level of stress among engineering teachers and consequences of stress that affects the teachers. Thus the study sets out to investigate the level of stress among selected engineering faculty members of 62 self-financing engineering educational institutions in the Coimbatore district, Tamil Nadu. This article finds out the association between the level of stress and psychological and physical consequences of work stress among teachers of self-financing engineering institutions. Chi-square test was used to analyze the data.

KEYWORDS: *Stress, Engineering Institutions, Level of Stress, Effects of Stress, Psychological Consequence, Physical Consequences*